

Use one of the following matrices to hold a family meeting and create home behavior goals together.
 This first page is an example of what yours might look like.

	Getting Up	Getting To School	After School	Meal Time	Bed Time
Be Ready		<i>Be ready for the bus or car on time.</i>	<i>Have what you need to complete your homework.</i>	<i>Help set the table.</i>	<i>Brush your teeth. Put dirty clothes away.</i>
Be Respectful	<i>Thank a family member for helping or getting you breakfast.</i>			<i>Use kind words. Listen while others speak.</i>	<i>Go to bed on time.</i>
Be Responsible	<i>Get up on time. Get dressed and ready.</i>	<i>Have backpack and lunch ready to go.</i>	<i>Complete your homework and ask for help if needed.</i>	<i>Clean up after yourself.</i>	

	Getting Up	Getting To School	After School	Meal Time	Bed Time
Be Ready					
Be Respectful					
Be Responsible					

	Before School	After School	Weekends	In the Community
Be Ready				
Be Respectful				
Be Responsible				