

During school hours, if you have questions related to your child's attendance at school for COVID reasons, or have COVID related questions, please contact your school nurse.

For questions that arise before or after school hours (Mon - Fri: 5:00 - 7:00 am/4:00 - 10:00pm and Sun: 4:00 - 10:00pm), please review the Commonly Asked Questions and Answers section below. If you still have questions or are uncertain, please click [HERE](#) and complete this form to have one of our school nurses get in touch with you outside of normal office hours.

For medical emergencies, call 911. For all other health related questions, please contact your primary care physician or pediatrician.

Commonly Asked Questions and Answers

Can my child go to school if a family member is quarantining?

Yes, provided that the person in quarantine does not have any symptoms. If the person in quarantine begins to have any symptoms, stay at home and contact the school nurse during normal office hours.

My child has a sore throat and cough but I think it is allergies, can they come to school?

COVID-19 is a contagious respiratory illness caused by infection with a new coronavirus (called SARS-CoV-2, the virus that causes COVID-19). Seasonal allergies triggered by airborne pollen can lead to seasonal allergic rhinitis, which affects the nose and sinuses, and seasonal allergic conjunctivitis, which affects the eyes.

COVID-19 and seasonal allergies share many symptoms, but there are some key differences between the two. For example, COVID-19 can cause fever, which is not a common symptom of seasonal allergies. Because some of the symptoms of COVID-19 and seasonal allergies are similar, it may be difficult to tell the difference between them, and you may need to get a test to confirm your diagnosis.

If your child is experiencing their usual seasonal allergies and we have documentation from their pediatrician, your child can come to school. If your child has never had seasonal allergies but has symptoms, stay home and consult your pediatrician. If your child's allergy symptoms are worse than usual, stay home and consult your pediatrician.

We were just notified that one of our child's teammates tested positive for COVID-19. Can my child come to school today?

Until we are able to gather more information, have your child attend school virtually and contact your child's school nurse during regular office hours.

My child has only one symptom but does not meet the clinical criteria for a COVID-19 evaluation (only fever, for example). What should I do?

If your child only has one symptom and no known COVID-19 exposures, they may have an illness or infection that is not COVID-19. Please consult the RTMSD [“When to Keep Your Child at Home”](#) for guidance about when the child can return.

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